



## NEW NURSING GRADUATE EDUCATION WORKSHOPS 2023

### NEW GRAD ORIENTATION

This session provides a great opportunity to ask questions, learn about the New Grad Program, and meet the Nurse Educator and other New Grads. Useful tips are provided to help you integrate into your new role.

Other topics include:

- The New Grad transition to practice
- Employee resources
- Guest speakers for MAiD, Substance Use Disorders, Serious Illness Conversations, Allied Health, and PFCC
- Preparing for guided buddy shifts

|                   |                    |     |                       |
|-------------------|--------------------|-----|-----------------------|
| January 16,       | 0830 – 1630        | SPH | UBC 1500              |
| February 13       | 0830 – 1630        | SPH | Conference Rm 4/5     |
| March 13          | 0830 – 1630        | SPH | Conference Rm 4/5     |
| April 14 (Fri)    | 0830 – 1630        | SPH | Conference Rm 4/5     |
| May 8             | 0830 – 1630        | SPH | Conference Rm 4/5     |
| June 12           | 0830 – 1630        | SPH | Conference Rm 4/5     |
| July 17,          | 0830 – 1630        | SPH | Conference Rm 6       |
| August 21         | <b>0900 – 1700</b> | SPH | UBC 1500              |
| September 18      | 0830 – 1630        | SPH | Conference Rm 6       |
| October 23        | 0830 – 1630        | SPH | Burrard Rooftop Villa |
| November 17 (Fri) | 0830 – 1630        | SPH | Cullen Theater        |
| December 11       | 0830 – 1630        | SPH | Conference Rm 6       |

### 3 MONTH SEMINAR (10702)

The first three months of your nursing career is often a difficult time as you transition from student to qualified nurse. The 3 Month Seminar provides you with an opportunity to connect with other New Graduate Nurses and the Nurse Educator, in a safe environment.

You will develop an understanding of the transition stage you are at and that you have a right to be there. This can help shift your focus, develop your professional learning goals and see the future.

This seminar does not replace any of the 3 month check-ins with your unit Nurse Educator. Zoom links will be posted on Learning Hub.

|             |           |      |
|-------------|-----------|------|
| January 4   | 0930-1200 | Zoom |
| February 1  | 0930-1200 | Zoom |
| March 1     | 0930-1200 | Zoom |
| May 3       | 0930-1200 | Zoom |
| July 5      | 0930-1200 | Zoom |
| September 6 | 0930-1200 | Zoom |
| November 1  | 0930-1200 | Zoom |

### 8-MONTH SEMINAR (14840)

Now that you are 'not-so new' in your New Grad transition, this workshop invites you to share, debrief and explore your experiences, career goals, ideas for the future and learn self-care strategies with others at a similar stage.

|             |           |      |
|-------------|-----------|------|
| January 4   | 1230-1500 | Zoom |
| March 1     | 1230-1500 | Zoom |
| May 3       | 1230-1500 | Zoom |
| July 5      | 1230-1500 | Zoom |
| September 6 | 1230-1500 | Zoom |
| November 1  | 1230-1500 | Zoom |

#### Patient Care Managers & STAFFING Cost Center Instructions

**PHC New Grads:** Workshop time should be charged to cost centre **7860-3000**  
**PHC Nurses (RN/RPN/LPN):** Workshop time is considered education time and should be charged to **unit cost centre**, with Manager Approval.

**ESN/ESPNS:** Are welcome to register (space permitting), however, priority is given to New Grads. Time should be charged to cost centre **7860-3000** and counts towards ESN working hours.

All education hours are paid at straight time.

### NURSING SKILLS LAB MONTHLY DROP IN SESSIONS

Need more hands-on practice on refining a specific skill? Drop by the Nursing Skills Lab. Sessions are available to answer your questions and tricks.

The Nursing Skills Lab is open on the last Monday of the month from 1330-1530hrs at MSJ.

The Nursing Skills Lab at MSJ is open on the 3<sup>rd</sup> Tuesday of the month from 1330-1530hrs MSJ 3<sup>rd</sup> Floor; room 3205.

**Skills Lab is on hold for 2023!! - Contact the New Grad Nurse Educator if you would like to practice specific skills**



# NEW GRAD EDUCATION WORKSHOPS 2023

## CHARGE NURSE MORNING AND ROAD TRIPS AFTERNOON (27666)

The morning provides a glimpse into the role of the charge nurse in an acute care setting. Through the use of case studies, discussion, and interactive exercises, this course introduces the role, resources, and challenges of prioritization, delegation, and decision-making when in the position of charge nurse.

The second half of your day explores various diagnostic tests and procedures done in departments away from the nursing unit. For example, radiological tests which require patient preparation and patient teaching. Too shy to ask, "What is a PTC? ERCP? Upper GI series?" These and other tests will be defined, to assist you to better prepare and support your patient.

|              |             |     |                                   |
|--------------|-------------|-----|-----------------------------------|
| March 2      | 0830 – 1630 | SPH | Hurlburt Auditorium Prov. Level 2 |
| June 1       | 0830 – 1630 | SPH | Hurlburt Auditorium Prov. Level 2 |
| September 28 | 0830 – 1630 | SPH | Conference Rm 6                   |
| November 7   | 0830 – 1630 | SPH | Burrard Rooftop Villa             |

## NAVIGATING THE FINAL JOURNEY (10070)

This workshop develops nurses' awareness to end of life signs and symptoms, how to manage, and provide comfort to the patient, care for the patient's family members and yourself. The workshop helps to dispel myths and uncertainties surrounding death and dying, explores aspects of palliative care philosophy and resources available such as the Palliative Outreach Care Team and Spiritual Care.

|             |             |     |                       |
|-------------|-------------|-----|-----------------------|
| February 2  | 1200 – 1600 | SPH | Conference Rm 8       |
| April 6     | 1200 – 1600 | SPH | Conference Rm 8       |
| June 2      | 1200 – 1600 | SPH | Conference Rm 4/5     |
| September 8 | 1200 – 1600 | SPH | Burrard Rooftop Villa |
| November 2  | 1200 – 1600 | SPH | Conference Rm 4/5     |

## HOW TO REGISTER:

1. Register on the Learning Hub. If the workshop is scheduled on your day off, you do not need to obtain approval from your PCM. Your time is compensated.
2. The first time you register online, you will need to create an account as a PHC Employee, a user ID and password. Be prepared with your employee number and a **valid email address**. Merge your previous Learning Hub accounts with PHC account to gain permissions to register for these workshops.
3. Go to <http://learninghub.phsa.ca> to register online.
4. If you need to cancel your registration or reschedule, please go to Learning Hub. **Please mark your registration into our personal calendars.**

## RESPONDING TO EMERGENCIES & MOCK CODE BLUE (9599)

This day long workshop emphasizes early identification of deterioration and timely escalation of patient care. We review responding to common emergency situations & refresh "Code Blue" in the acute care setting. Clinical tools, lab values, and resources are integrated into simulations and the mock Code Blue case studies. This workshop is classroom and skills lab based.

|              |           |     |                          |
|--------------|-----------|-----|--------------------------|
| January 23   | 0830-1630 | SPH | Conf Room 6 & Skills Lab |
| March 6      | 0830-1630 | SPH | Conf Room 6 & Skills Lab |
| June 15      | 0830-1630 | SPH | Conf Room 6 & Skills Lab |
| September 15 | 0830-1630 | SPH | Conf Room 6 & Skills Lab |
| November 24  | 0830-1630 | SPH | TBD & Skills Lab         |

## SUBSTANCE USE DISORDERS: CONTEXT & TREATMENT (27094)

Did you know that the Addiction Medicine Consult Team (AMCT) follows up to a 1/5 of all inpatients at St. Paul's Hospital alone? At PHC, you are likely to encounter individuals across the continuum of care with a history of or who are currently using non-prescribed substances. This interactive workshop is presented by PHC's Substance Use Clinical Nurse Specialist and Nurse Educator, and PHC's Urban Health Nurse Educator. Topics include: Prevention and treatment of withdrawal, responding to overdose, medication and treatment options, harm reduction, and trauma informed care.

|              |             |     |                       |
|--------------|-------------|-----|-----------------------|
| February 22  | 0830 – 1630 | SPH | GI Conference Rm      |
| April 13     | 0830 – 1630 | SPH | Conference Rm 4/5     |
| June 22      | 0830 – 1630 | SPH | Conference Rm 4/5     |
| September 27 | 0830 – 1630 | SPH | UBC 1500              |
| November 23  | 0830 – 1630 | SPH | Burrard Rooftop Villa |

For more information, please contact: **Nurse Educator**, ESN & New Grad Programs | **Phone:** 604-219-3630 | **Email:** [NewGradESN@providencehealth.bc.ca](mailto:NewGradESN@providencehealth.bc.ca)

Please log on to Learning Hub for most up to date course details.