

# PROVIDENCE HEALTH CARE

## NEW NURSING GRADUATE EDUCATION WORKSHOPS 2017

### NEW GRAD ORIENTATION

This session provides an opportunity to ask any question, learn about the New Grad Program, get to know the Nurse Educator and meet other new Grads. Useful tips are provided to help you integrate in your new role. Other topics include:

- Competencies required of New Grads
- Preparing for unit-based orientation
- Getting the most out of guided shifts
- New Grad workshop series
- Creating a learning plan
- Resources... and *more*

January 16, 2017	0830 – 1430	SPH	Conference Room 7
February 17, 2017	0830 – 1430	SPH	Conference Room 6
March 13, 2017	0830 – 1430	SPH	Conference Room 7
April 10, 2017	0830 – 1430	SPH	Conference Room 7
May 8, 2017	0830 – 1430	SPH	Conference Room 7
June 12, 2017	0830 – 1430	SPH	Conference Room 7
July 17, 2017	0830 – 1430	SPH	Conference Room 7
August 21, 2017	0830 – 1430	SPH	Conference Room 7
September 18, 2017	0830 – 1430	SPH	TBA
October 13, 2017	0830 – 1430	SPH	Conference Room 6
November 13, 2017	0830 – 1430	SPH	Conference Room 7
December 11, 2017	0830 – 1430	SPH	Conference Room 7

### NURSING SKILLS LAB MONTHLY DROP-IN SESSIONS

Is there a skill or procedure that you haven't practiced for awhile or want some tips on refining a specific skill? Drop by the Nursing Skills lab where nurse educators will be available to answer your questions, walk you through as you practice and provide resources.

**The Nursing Skills Lab at SPH** is open on the last Monday of the month from 1300-1530hrs in room 9029 on 9C.

**The Nursing Skills Lab at MSJ** is open on the 3<sup>rd</sup> Tuesday of the month from 1400-1600hrs. MSJ 3<sup>rd</sup> Floor Education Room (Please check with your Nurse Educator to confirm dates)

### 3 MONTH SEMINAR

The first three months of your nursing career is often a difficult time as you transition from student to qualified nurse. This 3 Month Seminar provides you with an opportunity to connect with other New Graduate Nurses and the program Educator, in a safe environment.

Here you can share and discuss / debrief positive and negative experiences that have had an impact on you. Sharing your experiences with other new grads helps each other to realize that you are not alone on this amazing journey.

By attending this seminar, you will develop an understanding of the stage that you are at and how you have a right to be there. This can help to change your focus, develop your professional learning goals and to see the future.

(This seminar does not replace any of the 3 month check-ins that occurs with your unit Educator).

January 25, 2017	0830-1230	SPH	9C Rm 9029
February 22, 2017	0830-1230	SPH	9C Rm 9029
March 29, 2017	0830-1230	SPH	9C Rm 9029
April 26, 2017	0830-1230	SPH	9C Rm 9029
May 31, 2017	0830-1230	SPH	9C Rm 9029
June 28, 2017	0830-1230	SPH	9C Rm 9029
July 26, 2017	0830-1230	SPH	9C Rm 9029
August 30, 2017	0830-1230	SPH	9C Rm 9029
September 27, 2017	0830-1230	SPH	9C Rm 9029
October 25, 2017	0830-1230	SPH	9C Rm 9029
November 29, 2017	0830-1230	SPH	9C Rm 9029
December	Holiday		Attend Jan 2018

### Patient Care Managers & STAFFING Cost Center Instructions

**New Grads:** Workshop time should be charged to cost centre **78603000**

**PHC Nurses (RN/RPN/LPN):** Workshop time is considered education time and should be charged to **unit cost centre**.

**ESNs:** Are welcome to register (space permitting), however, priority will be given to New Grads. Time should be charged to cost centre **78603000** and counts towards their hours.



# NEW GRAD EDUCATION WORKSHOPS

## ROAD TRIPS – “MY PATIENT IS GOING FOR A WHAT?”

### What do I need to know about tests and procedures?

Various diagnostic tests and procedures are done in departments away from the nursing unit. For example, Radiological test which require patient preparation and patient teaching.

Too shy to ask? “What is a PTC? ERCP? Upper GI Series?” These and other tests will be defined, to assist you to better prepare and teach your patient.

January 4, 2017	1200 – 1600	SPH	Conference Room 6
March 1, 2017	1200 – 1600	SPH	Conference Room 7
July 6, 2017	1200 – 1600	SPH	Conference Room 6
October 16 2017	1200 – 1600	MSJ	Harvest Room B

## NAVIGATING THE FINAL JOURNEY

This interactive workshop is designed to increase the New Graduate Nurses’ knowledge and skills about what signs and symptoms to expect when a patient is nearing the end of life. You will learn how to effectively manage these symptoms and provide comfort to the patient, care for the patient’s family members and for yourself.

The workshop helps to dispel myths and uncertainties surrounding death and dying, explores aspects of palliative care philosophy and introduces you to the Palliative Outreach Care Team and Pastoral Care Services. Care of the deceased patient and information on resources for the bereaved will also be presented.

January 26 2017	1200 – 1600	SPH	Conference Room 6
May 15 2017	1200 – 1600	MSJ	Harvest Room A
July 24, 2017	1200 – 1600	MSJ	Harvest Room B
November 16, 2017	1200 – 1600	SPH	Conference Room 7

## RESPONDING TO EMERGENCIES & MOCK CODE BLUE

This session examines how to prepare for and respond to common emergency situations in the acute care setting. Responding to a “Code Blue” is discussed in detail using a mock arrest case study. Psychological/ emotional impact on family and staff are explored.

March 17, 2017	1200 – 1600	SPH	9C Rm 9029
June 16, 2017	1200 – 1600	SPH	9C Rm 9029
August 25, 2017	1200 – 1600	SPH	9C Rm 9029
October 26, 2017	1200 – 1600	SPH	9C Rm 9029

## HOW TO REGISTER:

1. If the workshop is scheduled on your day off, you can register on CCRS and do not need to obtain approval from your PCM. Your time is compensated.
2. The first time you register online, you will need to create an account as a PHC Employee, a user ID and password. Be prepared with your employee number and a valid email address. Any previous accounts (i.e. student account) will not work as they do not have permissions to register for these workshops.
3. Go to <http://ccrs.vch.ca> to register online.
4. If you need to cancel a registration go back to <http://ccrs.vhc.ca>, log in, and use the ‘Cancel’ button or send Nala a text message 604-790-2722

## INTERPRETING LAB VALUES

How low is ‘low’ and how high is ‘high’? In this session normal reference values for PHC will be discussed. Using clinical case studies we will review how lab results and their associated clinical signs and symptoms can direct nursing care and patient teaching. We will also discuss when to call the Dr and consult with the interdisciplinary team to ensure that the patient receives the best care possible.

February 2, 2017	1200 – 1600	SPH	Conference room 6
March 23, 2017	1200 – 1600	SPH	Conference Room 6
June 29, 2017	1200 – 1600	SPH	Conference Room 6
August 11, 2017	1200 – 1600	SPH	Conference Room 6
November 20, 2017	1200 – 1600	MSJ	Harvest Room B

## 8-MONTH SEMINAR

Now that you are ‘not-so new’ in your new grad transition, this workshop invites you to share, debrief and explore your experiences, career goals, ideas for the future and learn self care strategies with others at the same stage.

January 19, 2017	1200 – 1600	SPH	9C Rm 9029
March 16, 2017	1200 – 1600	SPH	9C Rm 9029
May 18, 2017	1200 – 1600	SPH	9C Rm 9029
July 20, 2017	1200 – 1600	SPH	9C Rm 9029
Sept ember 21, 2017	1200 – 1600	SPH	9C Rm 9029
November 23, 2017	1200 – 1600	SPH	9C Rm 9029

## CHARGE NURSE WORKSHOP

January 24, 2017	1200 – 1600	SPH	9C Rm 9029
March 30, 2017	1200 – 1600	SPH	9C Rm 9029
May 11 2017	1200 – 1600	SPH	9C Rm 9029
October 24, 2017	1200 – 1600	SPH	9C Rm 9029